MyHEALTH



BENEFITS SCHEDULE

The Benefits Schedule provides a summary of the cover provided per *period of insurance* unless stated otherwise. Terms in italics refer to defined terms. The meaning to these defined terms can be found in the definitions section of the policy terms and conditions. All limits and monetary amounts shall in all instances be in US\$.

ANNUAL LIMIT	ESSENTIAL	EXTENSIVE	ELITE
he overall limit per person	\$100,000 or \$500,000	\$1,000,000	\$2,000,000
HOSPITAL BENEFITS Pre-authorisation is required for the following services:			
dospital room and board		Standard private room Fully Covered	
ntensive Care Unit		Fully Covered	
Parental accommodation		Fully Covered	
heatre fees		Fully Covered	
Blood, dressings, medicines and drugs	Fully Covered		
Surgical implants	Fully Covered		
Diagnostic scans and tests	Fully Covered		
Rental of <i>mobility aids</i>	Fully Covered		
Professional fees		Fully Covered	
Hospital treatment of mental and nervous conditions	Fully Covered Up to 10 days	Fully Covered Up to 20 days	Fully Covered Up to 30 days
PRE-HOSPITALISATION BENEFITS			
Pre-hospitalisation benefits before admission for a covered confinement	\$500 Up to 30 days before a covered <i>confinement</i>	\$1,000 Up to 60 days before a covered <i>confinement</i>	Fully Covered Up to 60 days before a covered confinement
POST-HOSPITALISATION BENEFITS			
Post-hospitalisation benefits after discharge from a covered confinement	\$500 Up to 30 days after a covered <i>confinement</i>	\$1,000 Up to 60 days after a covered <i>confinement</i>	Fully Covered Up to 90 days after a covered confinement
ORGAN TRANSPLANTATION			
	\$50,000	\$150,000	\$250,000
Organ transplantation (including donor costs)	Hospital Benefits, Pre-hospitalisation Benefits, Post-hospitalisation Benefits sections apply		
PRIVATE NURSING, HOME NURSING			
Private nursing in hospital when certified necessary by attending physician	Fully Covered		
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HOSPITAL CASH BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Where you are hospitalised for a covered confinement at no cost o us lospital cash benefit is not available if you claim for services	No Cover	\$100 per night	\$200 per night Up to a maximum of
endered during the hospitalisation		Up to a maximum of 30 nights	30 nights
Subject to deductible)			
REHABILITATION TREATMENT			
Rehabilitation treatment received while an inpatient at a ehabilitation centre. Admission to the rehabilitation centre must ake place within 2 weeks after discharge from hospital for a overed confinement	Up to 30 days	Up to 60 days	Up to 90 days
Pre-authorisation is required for this benefit			
EXTERNAL PROSTHESIS			
External prosthesis and any services associated with selection, tting or repair	\$500	\$1,000	\$2,000
SURGERY PERFORMED WHILE A DAY-PATIENT, IN A CLINI Pre-authorisation is required for this benefit	C, OR IN A PHYSICIAN'	S OFFICE	
Professional fees including one post-surgical follow up			
also covers the following on the day of, and directly related to, the surgery or endoscopic examination: hospital room and board, the surgery directly fees, dressings, medicines and drugs, pathology fees, and the surgical implants		Fully Covered	
his benefit does not cover the following unless Outpatient Benefits re purchased: laryngoscopy, nasopharyngoscopy, otoscopy; any urgery on the skin and subcutaneous tissue for illness other than urgery following a confirmed diagnosis of cancer			
CANCER TREATMENT The following services, when directly related to cancer, shall be	covered following a conf	irmed diagnosis of cancer	
lospital treatment of cancer	I	Hospital Benefits section appli	es
pecialist consultations; diagnostic scans and tests; medicines and drugs; chemotherapy and radiotherapy related to active ancer treatment	Fully Covered		
KIDNEY DIALYSIS			
idney dialysis received while admitted to hospital or out of ospital	\$5,000	\$50,000	Fully Covered
HIV/AIDS			
III-inclusive lifetime limit for services rendered in connection with IIV/AIDS including antiretroviral treatment, treatment of primary IIV, testing and monitoring, or treatment of AIDS	\$10,000 lifetime benefit		
lease refer to waiting period in terms and conditions			
EMERGENCY ROOM TREATMENT			
mergency Room Treatment		Fully Covered	
EMERGENCY DENTAL TREATMENT			
mergency dental treatment to repair damage to sound natural seth within 14 days of accident		Fully Covered	
LOCAL TRANSPORT BY AMBULANCE			
ransport by ambulance to and from <i>hospital</i> prescribed by an ttending <i>physician</i>		Fully Covered	
HOSPICE OR PALLIATIVE TREATMENT			

SPECIAL LIMITS APPLYING TO CERTAIN DISABILITIES Subject to the benefits and sub-limits stated elsewhere in this benefits schedule, the maximum we will pay for losses directly or indirectly arising from the following disabilities is as stated below	ESSENTIAL	EXTENSIVE	ELITE
Complications of pregnancy	No Cover Fully Covered		Covered
Congenital conditions lifetime per person	No Cover	\$50,000 lifetime benefit	\$100,000 lifetime benefit
Neonatal disabilities lifetime per person (applicable only to children added under Section 9.1)	No Cover	\$50,000 lifetime benefit	\$100,000 lifetime benefit
AREA OF COVER			
Available options:	Worldwide; Worldwide excluding USA; ASEAN excluding Singapore		excluding Singapore
Out of Area Cover Applicable only for services rendered due S <i>udden illness</i> or <i>injury</i> occurring within the first 30 days of any trip outside the area of cover	\$50,000		
ANNUAL DEDUCTIBLE			
Only applies to the <i>Hospital</i> and <i>Surgery</i> Plan		NiI \$500 \$1,000 \$2,500 \$5,000 \$10,000	

ANNUAL LIMIT FOR OUTPATIENT BENEFITS	ESSENTIAL	EXTENSIVE	ELITE
Annual cumulative limit for all benefits shown in the Outpatient Benefits section	\$5,000 Up to overall limit		erall limit
OUTPATIENT CO-INSURANCE			
Co-insurance applies to all services under the outpatient module if endered at a non-panel network provider	Choice of Nil or 20% Co-insurance percentage waived at panel network providers Panel network currently has facilities in Hong Kong and Vietnam only. Cashless access is not available if you select the 20% Co-insurance optic		•
Co-insurance does not apply to medical checkup and vaccinations			% Co-insurance option
GENERAL PRACTITIONER & SPECIALIST CONSULTATION F	EES		
General Practitioner consultation fees	Fully Covered		
Specialist consultation fees	Fully Covered		
Physiotherapy			
A referral for physiotherapy must be submitted at the same time as your claim. Treatment is limited to 10 sessions per referral after which a new referral and medical report from your attending physician must be submitted	Fully Covered		
OUTPATIENT PSYCHIATRIC			
Physician consultation fees, diagnostic scans and tests, medicines and drugs prescribed by a physician for mental and nervous conditions	No Cover	\$3,500 lifetime benefit	\$5,000 lifetime benefit
MEDICINES AND DRUGS			
Medicines and drugs	Fully Covered		
DIAGNOSTIC SCANS AND TESTS			
Diagnostic scans and tests	s and tests Fully Covered		
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OUTPATIENT PLANS - CONTINUED			
MEDICAL APPLIANCES AND MOBILITY AIDS	ESSENTIAL	EXTENSIVE	ELITE
Purchase or rental of <i>mobility aids</i>	\$500	\$2,000	\$3,500
Slings and bandages Purchase or rental of <i>medical appliances</i>	Up to two <i>mobility aids</i> per <i>disability</i>	Up to two <i>mobility aids</i> per <i>disability</i>	Up to two <i>mobility aids</i> per <i>disability</i>
COMPLEMENTARY MEDICINE AND TRADITIONAL CHINE	SE MEDICINE		
Combined limit for all benefits listed in the Complementary Medicine and Traditional Chinese Medicine section	\$500	\$1,000	\$2,000
	\$50 per visit	\$75 per visit	\$100 per visit
Physiotherapy	3 visits	3 visits	3 visits
No <i>referral</i> required	Up to the combined limit	Up to the combined limit	Up to the combined limit
Consultation fees for the following <i>complementary medicine</i> practitioners, upon <i>referral</i> :		5 11 0	
Chiropractor, dietician, homeopath, osteopath, podiatrist, speech therapist		Fully Covered Up to the combined limit	
A referral from your attending physician must be submitted at the same time as your claim			
Consultation fees and medicine/consumables dispensed or used by the following practitioners in the course of treatment:	\$50 per visit	\$75 per visit	\$100 per visit
Acupuncturist, bone setter, Chinese medicine practitioner	One consultation per day	One consultation per day	One consultation per day
No <i>referral</i> required	Up to the combined limit	Up to the combined limit	Up to the combined limit
FOLLOW UP CANCER CARE			
These services shall be covered following the completion of active cancer treatment:		5 11 0	
Medicines and drugs prescribed to prevent a recurrence of cancer and related specialist consultations		Fully Covered	
MEDICAL CHECKUP AND VACCINATIONS			
Medical checkup	No Court	0.400	# 222
No <i>referral</i> required	No Cover	\$400	\$600
Vaccinations	No Cover	\$100	\$100
No referral required	INO COVEI	ψ100	Ψ100

DENTAL AND OPTICAL BENEFIT Available to anyone who has selected a Hospital and Surgery module			
	ESSENTIAL	EXTENSIVE	ELITE
Minor dental treatment	\$700		
Major dental treatment, including orthodontic Waiting period applies	No Cover \$1,500		500
Eye tests, prescription lenses and contact lenses	No Cover \$5		\$500

MATERNITY MODULE

Available to women between 19 to 45 years of age who have selected an Extensive or Elite *Hospital* and *Surgery* on a nil deductible basis, plus an optional Outpatient module

MATERNITY	ESSENTIAL	EXTENSIVE	ELITE
The following pre-natal and post-natal services up to 45 days following birth: <i>Physician</i> consultation fees, <i>diagnostic scans and tests, medicines and drugs</i> , midwifery and doula services, vitamins and supplements, complementary therapies (without <i>referral</i>) Delivery, including elective and emergency caesarean sections			
and up to seven (7) days of nursery care	\$5,000 per pregnancy	\$8,000 per pregnancy	\$15,000 per pregnancy
Complications of pregnancy following assisted conception			
Therapeutic abortions			
Please refer to waiting period in terms and conditions			

REPATRIATION, EVACUATION AND ASSISTANCE SERVICES PROVIDED BY APRIL ASSISTANCE.

In the event of an emergency, the Member may call-collect our dedicated assistance hotline 24 hours a day, 365 days a year to request the following services. All limits and monetary amounts are stated in US\$ and cover is subject to our policy terms and conditions. For more details, please refer to the Emergency Assistance Program scope of services.

IN THE EVENT OF ACCIDENT OR SUDDEN SEVERE ILLNESS OF THE MEMBER (To a combined limit of US\$1,000,000):	Included in every plan
Emergency medical evacuation and medically required repatriation	Fully Covered
Return of the member to the country of residence after recovery	Return economy class airline ticket
Compassionate visit (if the member is unaccompanied and hospitalisation is reasonably expected to be more than 7 days)	Economy round trip transportation & hotel accommodation Up to \$150 per night for a maximum of 7 nights
Supply and delivery of medication not available locally	Fully Covered
Return of member's family members	One-way economy class airline ticket
Return of dependants	One-way economy class airline ticket
Round the clock telephone access	Trained multilingual personnel including a medical team will be on-hand to assist
IN THE EVENT OF THE DEATH OF THE MEMBER (To a combined limit of US\$30,000):	
Repatriation of mortal remains	Fully Covered
Cost of a transport coffin for repatriation of the body by air	Up to \$5,000
Presence of a person to accompany the deceased	Economy round trip transportation & hotel accommodation Up to US\$150 per night for a maximum of 7 nights
Return of member's family members	One-way economy class airline ticket
IF PERSONAL EFFECTS ARE LOST OR STOLEN ABROAD:	
Cash advance outside <i>your</i> home country or country of residence	Up to \$2,500
Sending urgent messages	Included
IN THE EVENT OF AN UNINTENTIONAL INFRACTION OF THE LAW ABROAD:	
Advance of legal expenses occurred while abroad	Up to \$2,500 per event
Advance of cost of bail while abroad	Up to \$25,000 per event
Assistance with translation of legal or administrative documents	Up to \$500 per event
Referral to local legal advisors	Included
IN THE EVENT OF THE DEATH OR CRITICAL ILLNESS OF A FAMILY MEMBER:	
Compassionate Home Travel	Return economy class airline ticket up to US\$1,000
OTHER TRAVEL ASSISTANCE SERVICES	
APRIL Assistance will provide the following travel-related information:	Visa and inoculation requirements for foreign countries Lost luggage and passport assistance while the member is traveling outside his/her Home Country or Usual Country of Residence
MEDICAL ASSISTANCE	
Medical Referral Service	Access to a global network of appointed and credentialed doctors, specialists and hospitals
Hospital Admission including Admission Deposits	In the event of an emergency admission, we will make arrangements to issue a hospital letter of guarantee
Tele-medicine Consultation and Evaluation of the Member's Condition	APRIL Assistance's duty doctors will provide help over the phone
Medical Monitoring	APRIL Assistance will monitor a Member's condition if hospitalised abroad